



STAFFORDSHIRE PATCHWORKERS & QUILTERS PRESENTS

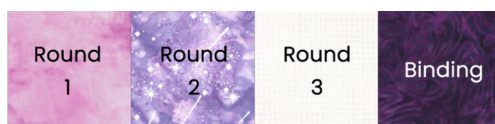
# Folded Star Potholder Tutorial

Photos and written Instructions by Mouse Saint



## Tools & Supplies

Sewing Machine  
Pins  
Fabric Scissors or Rotary Cutter & Mat  
Non-permanent fabric marking tool  
Small Ruler  
Hand Needle & Thread  
Glue



## Fabric

Round 1 – Four x 4" Squares  
Round 2 – Eight x 5" Squares  
Round 3 – Eight x 5" Squares  
Bias Binding – 2" x 25"  
Ribbon – 6"  
Backing – One 8" Square  
Foundation Fabric – One 8" Square  
Wadding – One 8" Square  
Insulation (eg insul-bright) – One 8" Square

## Step 1

Press the foundation square in half and then into quarters.



## Step 2

Fold each square in half, right side down, and then fold up the sides into the middle to form triangles.



## Step 3

Stitch across the top of the triangle, about an 1/8", to help keep their shape when positioning.



## Step 4

Position the round 1 triangles so that they follow the fold lines in the foundation. A small dab of glue on the points will keep them in place.

Pin and sew with a 1/4" seam.



### Step 5

From the centre mark  $1/2$ " on all four pieces.



### Step 6

Position 4 of the round 2 pieces onto the marks you've made, again glue helps, pin and sew.



### Step 7

Measure  $1/2$ " from the very centre point.



### Step 8

Position the remaining round 2 pieces, pin and sew.





### Step 9

Do the same again with the first 4 pieces of round 3, measuring  $1/2$ " from the round 2 points.

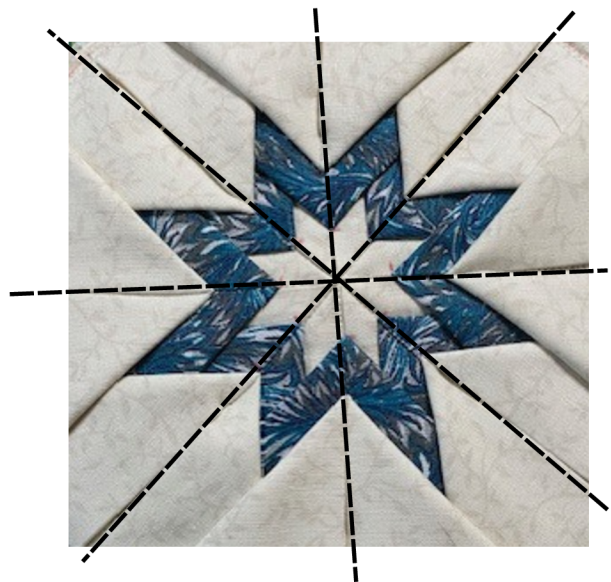
Pin and stitch.

Add the remaining 4 triangles, pin and stitch.



### Step 10

Stitch across all 8 sections using the centre fold lines as a guide.



### Step 11

When all of the triangles are stitched into place, use the circle template provided to mark out your circle, centring the small hole over the middle.





## Step 12

Make the quilt sandwich. Background fabric, right side down, wadding, insulbrite and then the sewn piece on top.

Stitch on the line drawn in step 11 to secure all pieces together.



## Step 13

Trim excess fabric away, roughly  $\frac{1}{4}$ " from the stitches.

You can use scissors or your rotary cutter making small straight cuts.



## Step 14

Add the double fold bias binding to the front of the pad using a  $\frac{1}{2}$ " seam allowance.



### Step 15

Fold the binding over to the back and add in the hanging loop, either ribbon or excess binding

Don't pull the binding too tight or it will bend the front!!



### Step 16

Slip stitch the binding onto the back of the pad, keeping it as close to the stitched line as possible.

Press from the back first and then press the front.



Well done!! You've made a folded star hot pad!

6 3/4" Circle  
Template  
(Remove grey inner circle)

